

How to book a Virtual Class-SSF Members and Guests

1. Sign into www.myclubonline.com.
 - a. Set up your myclubonline account with the agreement number on your original agreement (sent to you via email when you joined) or contact melissad@sacofitness.com.
2. Choose the class that you want to attend. Sign up and pay for it.
3. 30 minutes prior to class, you will receive an email with a Zoom meeting code and password.
4. On your computer, tablet, or phone-go to Zoom.com or download the Zoom app. Join a meeting. Put in the Zoom Code and password when prompted.
5. The instructor will let you into the class. Have Fun!
6. Guests are welcome! Please contact melissad@sacofitness.com to get set up.