



Code of Conduct

Keep us all safe, do not enter if:

- *You have a fever or feel feverish, cough, sore throat, or shortness of breath.*
- *Been in contact with anyone having these symptoms in the last 14 days.*
- *Been in contact with anyone sick or tested positive for Covid-19 in the past 14 days.*
- *You've been out of state in the last 14 days*

While You are in the Club:

- *Maintain 6' distancing when possible.*
- *Masks are required in common areas when 6' distancing is difficult to maintain.*
- *When exercising & breathing heavily without a mask, maintain 14' of distancing.*
- *Wash or sanitize hands before workout.*
- *Sanitize equipment before & after use.*
- *Sneeze/cough into sleeve, tissue, or towel*

Share Access (please):

- *Limit workout to 60 min.*
- *Limit cardio workout to 30 min.*
- *Reserve a spot in class - limit 1 class per day.
(No-shows will be charged \$6)*
- *3 sets max on strength equipment.*